



Pittwater House

Junior School Co-curricular Activities



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pittwaterhouse.com.au

Pittwater House believes in providing students with a well-rounded and engaging education, offering students the opportunity to explore a broad range of co-curricular activities beyond the classroom.

It is important that your child is stimulated and challenged to exercise their mind and body in all kinds of ways. Co-curricular activities are designed for all skill levels and give your child the opportunity to discover new things and develop their talents, interests and passion for sports, the arts and other subjects outside the school curriculum.

Each program is run by highly skilled and qualified staff members who work with each student to enrich their experiences and assist them in reaching their goals.

Many co-curricular programs begin in Junior School and continue through to Senior School.

Developing the Mind, Body and Spirit

Mind

Kindergarten to Year 6 are formative years where children are developing rapidly on a social, cognitive and emotional level. For this reason, we offer a broad range of clubs, competitions and activities where children are encouraged to think outside the square and develop higher order thinking skills that they will use in everyday life.

Co-curricular activities also teach children about team work and commitment and help them start to develop a sense of time management.

Body

Physical education, competitive sports and performing arts develop and strengthen large and small muscle groups as well as improve hand-eye co-ordination. The physical nature of many co-curricular activities grant children the freedom to move, allowing their sensory system to absorb information visually, auditorily and tactilely.





Spirit

Whether it is discovering a new interest, mastering a difficult skill or being part of a supportive team, the goal of co-curricular activities is to provide children with additional opportunities to be involved and engaged in school life. This contributes greatly to a child's wellbeing, their self-confidence, resilience and sense of belonging within their school community.

By sharing common interests and building relationships with peers both within and outside their year group, children learn from each other as well as broaden their social networks. They learn different ways to interact with others and express themselves thus developing their own social skills and character.

Co-curricular activities available at Pittwater House

Sport		Performing & Creative Arts	Subject Competitions
Touch Football	Cross Country	Junior Performing Arts Festival	da Vinci Decathlon [^]
Snow Sports	Gymnastics	Private Music Tuition	GATEway 8 [^]
Rugby League	AFL	Junior Band	
Hockey	Netball	Cantabile Singers (Years 2 to 3)	
Swimming	Softball	Choir	
Diving	Soccer	Junior Strings	
Rugby	Cricket	String Ensemble	
Tennis	Advanced	Drama Club	
Golf	Boardriders	HICES Music Festival*	
Basketball	HICES Sports*	Senior Band (Year 6)	
Athletics	CIS Sports*	Vocal Ensemble (Year 6)	
		Junior Dance Troupe	
		Junior Dance Company [^]	
		Intermediate Dance Troupe	
		Junior Guitar Ensemble	
		Northern Beaches Eisteddfod*	
		Northern Beaches Instrumental Festival*	
		IRBD The Dance Challenge*	
		Extreme Dance Competition*	
		Ultimate Dance Challenge*	
		Junior School Dance Showcase*	
Academies			
Netball Academy			
Athletics Academy			
Basketball Academy			
Rugby Academy			
Soccer Academy			
Swimming Squad Training			
			Extra
			Construction Club
			Debating
			Chess Club
			Gardening and Sustainability
			<i>* Interschool Representation (Local and State Level)</i>
			<i>[^] Participation by invitation</i>
			Some co-curricular options may be seasonal or dependent on a minimum number of participants.



Pittwater House

Want to find out more?

Experience true balance in education first hand. For a Zoom Q and A with Dr. Hillier, our Principal, or a tour of our Campus in action, please contact our Registrar or book online via our website.

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