



## Pittwater House

# Junior School's Broader Curriculum



Pittwater House believes in providing students with a well-rounded and engaging education, offering students the opportunity to explore a broad range of co-curricular activities beyond the classroom.

It is important that your child is stimulated and challenged to exercise their mind and body in all kinds of ways. Co-curricular activities are designed for all skill levels and give your child the opportunity to discover new things and develop their talents, interests and passion for sports, the arts and other subjects outside the school curriculum.

Each program is run by highly skilled and qualified staff members who work with each student to enrich their experiences and assist them in reaching their goals.

Many co-curricular programs begin in Junior School and continue through to Senior School.

achieve a balance  
co-educational campus  
single-sex education

# Developing the Mind, Body and Spirit



## Mind

Kindergarten to Year 6 are formative years where children are developing rapidly on a social, cognitive and emotional level. For this reason, we offer a broad range of clubs, competitions and activities where children are encouraged to think outside the square and develop their higher order thinking skills that they will use in everyday life.

Co-curricular activities also teach children about team work and commitment and help them start to develop a sense of time management.

## Body

Physical education, competitive sports and performing arts develop and strengthen large and small muscle groups as well as improve hand-eye co-ordination. The physical nature of many co-curricular activities grant

children the freedom to move, allowing their sensory system to absorb information visually, auditorily and tactilely.

## Spirit

Whether it is discovering a new interest, mastering a difficult skill or being part of a supportive team, the goal of co-curricular activities is to provide children with additional opportunities to be involved and engaged in school life. This contributes greatly to a child's wellbeing, their self-confidence, resilience and sense of belonging within their school community.

By sharing common interests and building relationships with peers both within and outside their year group, children learn from each other as well as broaden their social networks. They learn different ways to interact with others and express themselves thus developing their own social skills and character.

## Co-curricular activities available at Pittwater House

### Sport

Rugby  
Tennis  
Golf  
Basketball  
Athletics  
Skipping  
Cross Country  
Gymnastics  
AFL  
Netball  
Tee-ball  
Softball  
Modball  
Soccer  
Cricket  
Advanced Boardriders  
HICES Sports\*  
CIS Sports\*

### Academies

Futsal Academy  
Athletics Academy  
Basketball Academy  
Rugby Academy  
Soccer Academy

### Performing & Creative Arts

Private Music Tuition  
Junior Band  
Cantabile Singers (Years 2 to 3 Choir)  
Chamber Choir (Years 4 to 6 Choir)  
Eisteddfod Dance Troupe (Stage 1, 2 and 3)  
Junior Lyrical Eisteddfod Dance Troupe  
Strength and Refections Band  
Junior Strings  
String Ensemble  
Drama Club  
Art Club  
Junior Music Festival  
HICES Music Festival\*  
Northern Beaches Eisteddfod\*  
Northern Beaches Instrumental Festival\*  
IRBD The Dance Challenge\*  
Extreme Dance Competition\*  
Ultimate Dance Challenge\*  
Junior School Dance Showcase\*

### Subject Competitions

Knox da Vinci Decathlon^  
G.A.T.E.WAYS Eureka Program^

### Extra

Robotics  
Debating  
Chess Club  
French Club  
Mandarin Club  
Gardening & Sustainability  
Public Speaking  
Scooter Club  
Book Club  
Homework Club  
Computer games & design

\* Interschool Representation (Local and State Level)  
^ Participation by invitation

Some co-curricular options may be seasonal or dependent on a minimum number of participants.