

## Junior School Sports Choices 2022

The Pittwater House Schools believe that a regular programme of physical and extra-curricular activity is an integral part of your education. The Sports Department highly recommends that everyone participate in activities during the school year. Parents, please note that some teams/activities are limited to a specific number of participants and there may be trials to select teams.

The permission notes will be made available at the beginning of each Term. Instructions on how to submit these permission notes will be sent to parents at the beginning of 2022. Please refer to the Co-Curricular Sports Program for more in-depth information on each sport or contact the Sports Department with any questions (sportsoffice@tphs.nsw.edu.au).

Term I:
Advanced Boardriders Academy Years 5-6*
AFL CIS U12 Boys Trials Years 5-6*
Athletics Academy 8 years of age and above
Basketball Academy K-6
Basketball CIS U12 Boys & Girls Trials Years 5-6*
Basketball MWBA Competition Years 1-6*
Diving CIS U12 Championships Years 5-6
Netball HICES U12 Trials Years 5-6*
Netball Academy K-6
PISA: Boys & Girls Teeball Years 3-4*
PISA: Girls Softball Years 5-6*
PISA: Senior Boys Cricket Years 5-6*
Rugby Academy Years 3-6
Swimming Carnival Years 3-6
Swimming Carnival K-2
Swim Club K-6
Soccer Academy K-6
Soccer HICES U12 Boys Trials Years 5-6*
Soccer CIS U12 Girls Trials Years 5-6*
Tennis Coaching K-6
Tennis CIS U12 Boys & Girls Championships Years 5-6*
Term III:
Athletics Academy 8 years of age and above

Athletics Academy 8 years of age and above
Basketball Academy K-6
Basketball MWBA Competition Years 1-6*
Cricket Milo T20 Blast School Cup Year 5-6*
Cricket CIS U12 Girls & Boys Trials Years 5-6*
Golf NSW PSSA Championships Year 3-6*
Netball Academy K-6
Netball MWNA Saturday Competition 8 years of age & above
PISA: Girls Soccer Years 3-6*
PISA: Boys Mod League Years 3-6*
PISA: AFL Mixed Senior Teams Years 5-6*
Rugby Academy Years 3-6
Rugby Mosman Shield Years 5-6*
Rugby 7's U10 & U12 Competition Years 3-6
Soccer Academy K-6
Softball CIS U12 Girls Trials Years 5-6*
Swim Club K-6
Tennis Coaching K-6

Term II:
Advanced Boardriders Academy Years 5-6*
Athletics Academy 8 years of age and above
Athletics Carnival ECC Games
Athletics Carnival K-6
Basketball Academy K-6
Basketball MWBA Competition Years 1-6*
Cross Country Carnival K-6
Gymnastics State Championships
Hockey CIS U12 Boys & Girls Trials Years 5-6*
Netball Academy K-6
Netball MWNA Saturday Competition 8 years of age & above
PISA: Girls Netball Years 3-6*
PISA: Boys Soccer Years 3-6*
Rugby Academy Years 3-6
Rugby 7's CIS U12 Girls Trials Years 5-6* (TBC by CIS)
Rugby 7's U10 & U12 Competition Training begins Year 3-6
Rugby Union CIS U12 Boys Trials Years 5-6*
Rugby League CIS U12 Boys Trials Years 5-6*
Snowsports Championships - Term 2 Holidays
Soccer Academy K-6
Softball CIS U12 Boys Trials Years 5-6*
Swim Club K-6
Tennis Coaching K-6
Touch Football CIS U12 Trials Years 5-6*

Term IV:
Athletics Academy 8 years of age and above
Basketball Academy K-6
Basketball MWBA Competition Years 1-6*
Cricket Mosman Shield Years 5-6*
Netball Academy K-6
Rugby Academy Year 3-6
Soccer Academy K-6
Surf Lifesaving / Surf Education Years 2-6*
Swim Club K-6
Tennis Coaching K-6
Tennis TPHS Family Day Year 3-6
Tennis TPHS Singles Championship Year 3-6

\*Limited number of participants allowed