# Novel coronavirus (COVID-19)

## Information for schools and early childhood centres, students and their parents

If students or staff have travelled from mainland China or Iran, or been in close contact with a confirmed case of coronavirus, special restrictions apply.

This information sheet should be read in conjunction with the 'What you need to know' and 'Isolation guidance' information sheets at <a href="https://www.health.gov.au">www.health.gov.au</a>

## Can students or staff members attend schools and early childhood centres?

Students or staff can not attend school or early childcare centre if they have:

- left, or transited through mainland China in the last 14 days (they must isolate themselves for 14 days from leaving mainland China)
- left, or transited through Iran on or after 1 March (they must isolate themselves until 14 days after leaving Iran)
- been in close contact with a confirmed case of coronavirus in the last 14 days (they
  must isolate themselves for 14 days after the date of last contact with the confirmed
  case).

The relevant school or childcare centre should be notified. Students may want to seek alternate arrangements for remote learning keeping in mind the isolation period, provided the person remains well, is a maximum of 14 days.

#### What does isolate in your home mean?

People who need to isolate must stay at home and not attend public places, including work, school, childcare or public areas of university, higher education and vocational education campuses. Only people they usually live with should stay in the home. Do not see visitors. Where possible, ask others such as friends or family, who are not required to be isolated, to get food or other necessities.

If the person in isolation must leave the home or residence, such as to seek medical care, they are instructed to wear a surgical mask if they have one.

### What if a student or staff member becomes sick while in isolation?

Symptoms include (but are not limited to) fever, cough, sore throat, fatigue and shortness of breath.

If a student/staff member develops mild symptoms, they must:

- Isolate themselves from others at home and use a separate bathroom if available;
- Put on a surgical mask and if they don't have one, practise good sneeze/cough hygiene;
- · Practise good hand hygiene; and
- Call a doctor or hospital and tell them the recent travel or close contact history.

If they have serious symptoms such as difficulty breathing:

 Call 000, ask for an ambulance and notify the officers of the recent travel or close contact history.

If unwell, staff and students should be excluded from attending the school or early childcare centre until they are assessed by their primary care provider. The primary care provider will liaise with the local public health authority to determine when it is safe for them to return to usual activities.

#### How can we help prevent the spread of coronavirus?

Practising good hand hygiene and sneeze/cough hygiene is the best defence against most viruses:

- wash hands frequently with soap and water, before and after eating, and after going to the toilet
- cover coughs and sneezes, dispose of tissues, and use alcohol-based hand sanitiser
- and if unwell, avoid contact with others (touching, kissing, hugging, and other intimate contact).

#### More information

While coronavirus is of concern, it is important to remember that most people displaying symptoms such as fever, cough, sore throat or tiredness are likely suffering with a cold or other respiratory illness—not coronavirus.

For the latest advice, information and resources, go to www.health.gov.au

Call the National Coronavirus Health Information Line on 1800 020 080. It operates 24 hours a day, seven days a week. If you require translating or interpreting services, call 131 450.

The phone number of your state or territory public health agency is available at <a href="https://www.health.gov.au/state-territory-contacts">www.health.gov.au/state-territory-contacts</a>

If you have concerns about your health, speak to your doctor.